

Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1
2	3 Beef Taco Black Bean Fru Sals Mil	s Tater Tots it Fruit a Milk	5 Teriyaki Grilled Chicken Brown Rice Mashed Potatoes Green Beans Fruit Milk	6 Cheese Pizza Carrots Fruit Milk	7	8
9	10 Chicken Alfred Green Bear Con Fru Ro Mil	s Salad n Fruit it Milk ll	12 Empanada Black Beans Salsa Fruit Milk	Cheese Pizza Carrots Fruit Milk	14	15
16	17 Macaroni & Chees Brocco Fru Ro Mi	li Brown Rice it Baked Beans Il Green Beans	19 Chicken Salad Sandwich Corn Fruit Milk	Cheese Pizza Red Bell Peppers Fruit Milk		22
23	3	Tha	nksgi	ving !	Break	29