

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1 Empanada Black Beans Fruit Salsa Milk	2 Cheese Pizza Carrots Fruit Milk	Light Christian Academy	4
5	6 Macaroni & Cheese Broccoli Fruit Roll Milk	7 BBQ Meatballs Brown Rice Baked Beans Green Beans Fruit Milk	8 Chicken Salad Sandwich Corn Fruit Milk	9 Cheese Pizza Red Bell Peppers Fruit Milk		11
12	13 Meatloaf Mashed Potatoes Baked Beans Fruit Roll Milk	14 Broccoli Cheddar Soup Brown Rice Carrots Fruit Milk	15 Chicken Cesar Salad Sweet Potato Fries Fruit Roll Milk	16 Cheese Pizza Red Bell Peppers Fruit Milk	Light Christian Academy	18
19	Fall	Break - Tuesday, October 21	22 Spaghetti & Meatballs Salad Fruit Milk	Cheese Pizza Carrots Frui Milk	s t	25
26	27 Chili Con Carne Corn Bread Peas Fruit Milk	Chicken Enchiladas Refried Beans Fruit Salsa Milk	Baked Ziti Green Beans Bread Fruit Milk	Cheese Pizza Red Bell Peppers Fruit Milk		