







October 2023 Lunch Menu

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2 Meat Loaf Mashed Potatoes Baked Beans Fruit Roll Milk	3 Broccoli Cheddar Soup Fruit Roll Milk	4 Curry Chicken Sandwich Green Beans Salad Fruit Milk	5 Cheese Pizza Red Bell Peppers Fruit Milk		7
8	9 Macaroni & Cheese Green Peas Fruit Roll Milk	10 BBQ Chicken Brown Rice Black Beans Broccoli Coleslaw Fruit Milk	11 Chicken Cesar Salad Tater Tots Fruit Roll Milk	12 Cheese Pizza Carrots Fruit Milk		14
15			18 Chicken Salad Sandwich Mixed Vegetables Fruit Milk	19 Cheese Pizza Red Bell Peppers Fruit Milk	20	21
22	23 Chili con Carne Corn Bread Fruit Milk	24 Chicken Enchiladas Pinto Beans Fruit Milk	25 Baked Ziti Salad Fruit Roll Milk	26 Cheese Pizza Red Bell Peppers Fruit Milk		28
29	30 Beef Tacos Black Beans Fruit Salsa Milk	31 Turkey Sandwich Tater Tots Salad Fruit Milk				